



Affiliates of Behavioral tech©/Linehan Institute

Upcoming Trainings Booklet

2023 / 2022

About DBT MENA

DBT MENA are the sole affiliates of Behavioral tech©/Linehan Institute, founders of Dialectical Behavioral Therapy in the Middle East and North Africa.

We aim to train mental health professionals in Dialectical Behavioral Therapy in accordance with Behavioral tech©/Linehan Institute through Intensive Trainings, along with many other informative training regarding the implementation of Dialectical Behavioral Therapy.

Additionally, we aim to change the protocol of helping individuals with suicidal behavior, self harm and BPD in the MENA region to match the latest research findings and evidence based treatment. In order to give those individuals the help they need using methods with scientifically proven effectiveness.

DBT MENA is the only organization in the region that provides DBT training globally accredited according to Behavioral tech©/Linehan Institute standards and in accordance with them.

Certification also is intended to measure or enhance continued competence through on-going maintenance of certification requirements.

DBT MENA BI-yearly Calendar

The following calendar includes the trainings that DBT MENA will be offering from December 2022 - July 2023.

Training	Date	Trainers & Leaders
DBT MENA Intensive Training Part.1 2022 - 2023	Dec 3rd - Dec 7th 2022 Location: (MDB Center) Hybrid: online & in person	Trainer: Basma Kilani - André Ivanoff Presenter: Dinah Aynah
DBT MENA Skills Introduction 2022	Dec 18th - Dec 19th 2022 Location: (MDB Center) Hybrid: online & in person	Trainer: Basma Kilani
DBT MENA Chain Analysis 2023	Mar 13th - Mar 14th 2023 Location: (MDB Center) Hybrid: online & in person	Trainer: Gwen Abney - Cunningham André Ivanoff
DBT MENA Mindfulness Retreat	Mar 16th - Mar 20th 2023 Location: (Wadi Rum) In person	Led By: Randy Wolbert
DBT Adolescents	May 2023 (Exact Dates TBA) Location: (MDB Center) Hybrid: online & in person	TBA
DBT MENA Intensive Training Part.2 2022 - 2023	Jun 2023 (Exact Dates TBA) Location: (MDB Center) Hybrid: online & in person	Trainer: Basma Kilani - André Ivanoff Presenter: Dinah Aynah
DBT Prolonged Exposure	Jul 2023 (Exact Dates TBA) Location: (MDB Center) Hybrid: online & in person	TBA



DBT MENA Intensive Training

Part.1 2023 - 2022

Price:

2250 USD / 1600 JOD

Part one of the training is a 5 day course and is led by DBT Presenters and Trainers. It will focus on preparation and knowledge acquisition in order to teach DBT theory and strategies in depth.

Dec 3rd - Dec 7th 2022

Location: (MDB Center)
Hybrid: online & in person



Basma Kilani

Trainer



Dr. André Ivanoff

Trainer



Dr. Dina Aynah

Presenter

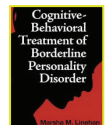


Bilingual
Arabic & English



Hybrid Training

BOOKS :





DBT MENA Skills Introduction

2022

Price:

400 USD / 280 JOD

Student
Discount

270 USD / 190 JOD

This introduction to DBT Skills Training introduces Dialectical Behavior Therapy (DBT) Skills: Core Mindfulness, Distress Tolerance, Emotion Regulation, and Interpersonal Effectiveness.

Dec 18th - Dec 19th 2022

Location: (MDB Center)
Hybrid: online & in person



Bilingual
Arabic & English



Hybrid Training



Basma Kilani

Trainer



DBT MENA Chain Analysis

2023

Chain Analysis is an essential part of Dialectical Behavior Therapy. In this training, you will learn the necessary components of a DBT chain analysis and how to successfully conduct a chain analysis in your therapy sessions.

Mar 13th - Mar 14th 2023

Location: (MDB Center)
Hybrid: online & in person



Bilingual
Arabic & English



Hybrid Training

Price:

500 USD / 350 JOD



Gwen abney

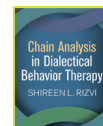
Trainer



Dr. André Ivanoff

Trainer

BOOKS :





DBT MENA Mindfulness Retreat

The Mindfulness Retreat offers the opportunity for an extended period of practice. At a retreat, we separate ourselves from our daily affairs in order to sink deeply into mindful practice, free to transcend the background chatter of our busy minds.

Mar 16th - Mar 20th 2023

Location: (Wadi Rum)
In person



English



In person

Martian Dome

One person:

850 USD / 600 JOD

Shared Room :

600 USD / 430 JOD

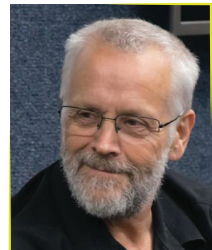
Deluxe Tent

One person:

500 USD / 350 JOD

Shared Room :

400 USD / 280 JOD



Randy Wolbert

Leader



DBT MENA Adolescents

The DBT Adolescents course will help you master the art of teaching the 5 DBT skills modules adapted for adolescents and families, including mindfulness, distress tolerance, emotion regulation, interpersonal effectiveness and walking the middle path skills.

May 2023 (Exact Dates TBA)

Location: (MDB Center)
Hybrid: online & in person



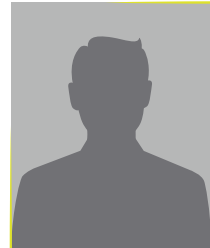
Bilingual
Arabic & English



Hybrid Training

Price:

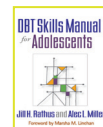
400 USD / 280 JOD



TBA

Trainer

BOOKS :





DBT MENA Intensive Training

Part.2 2023 - 2022

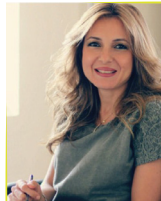
Part two of the training is a 5 day course, your team and a case chosen by your team will be presented. The other teams will learn through observing your interactions with your consultant and the feedback you receive.

Jun 2023 (Exact Dates TBA)

Location: (MDB Center)
Hybrid: online & in person

Price:

2250 USD / 1600 JOD



Basma Kilani

Trainer



Dr. André Ivanoff

Trainer



Dr. Dina Aynah

Presenter

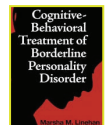


Bilingual
Arabic & English



Hybrid Training

BOOKS :





DBT MENA Prolonged Exposure

Price:

1500 USD / 1064 JOD

Participants will learn the DBT Prolonged Exposure (DBT PE) protocol for treating PTSD, one of the newest developments in DBT research and practice.

Jul 2023 (Exact Dates TBA)

Location: (MDB Center)

Hybrid: online & in person



Bilingual
Arabic & English



Hybrid Training



TBA

Trainer

DBT MENA

DBT MENA is a professional certification Board that provides an independent assessment of the knowledge, skills, and/or competencies required for competent performance of a professional role or specific work-related tasks that ensures to the consumer, insurance companies and government agencies that the certified provider is competent to deliver the treatment.



Affiliates of Behavioral tech©/Linehan Institute

If you are interested in any of our trainings please contact



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REGISTER NOW

